

Handouts Available:

topics include: alcohol & drugs, avoid opioid, tips for teens, teens & young adults, parents, suicide, recovery supports, pregnancy & women, older adults, mental health, and the Anyone. Everyone. meth campaign.



To request materials,
email b.glissendorf@voa-dakotas.org

Alcohol & Drugs

- Heroin: How it Affects the Body
- Prescription Storage and Disposal
- Prescription to Addiction: How to Manage Your Pain Medications
- Recognizing Overdose and What to do About it
- The Real Truth about Rx & OTC Pills
- Thinking About Drinking: Alcohol Self-Test
- What's a Drink: Know How Much You Are Drinking

Avoid Opioid

- Resource Guide: Supporting Your Loved One with a Substance Use Disorder
- What You Need to Know about Opioid Misuse, Abuse and Addiction
- 10 Things You Need to Know about Medication-Assisted Treatment (MAT)
- Naloxone Saves Lives: In Case of Overdose
- Safe Medication Storage and Disposal

Tips for Teens

- Cocaine
- E-cigarettes
- Heroin
- Marijuana
- Tobacco
- Underage Drinking
- Opioids
- Hallucinogens
- Inhalants
- Methamphetamine
- Steroids

- 50 Things you Need to Know About STIs
- The Teen Brain: 7 Things to Know
- It's Not Your Fault: Parental Alcohol Abuse
- Rethink Drinking: Alcohol and Your Health
- Social Networking: 10 Things Teens Should Know
- A Teen's Guide to HIV and AIDS
- Underage Drinking: Myth v. Fact
- Marijuana: Facts for Teens

Adults Young Teens &

- Family Checkup: Positive Parenting on Drug Abuse
- Keep your Children Safe: Put Medication Up & Out of Sight
- Make a Difference: Talk to Your Kids about Alcohol
 - Marijuana: Facts Parents Need to Know
 - Preventing Teen Cough Medicine Abuse
- When it's Not Your Kid: How do you Deal with Drug Use and Drinking?
 - Children and Mental Health: Is This Just a Stage?
- Helping Children and Adolescents Cope with Disasters and Other Traumatic Events

Parents

- Helpline Cards
- A Guide to Suicide Prevention at Home
- Improving Lives: We are Part of the Solution
- Making Educators in Youth Suicide Prevention
- Frequently Asked Questions About Suicide

Suicide

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Recovery Supports	<ul style="list-style-type: none">-Is AA for You?-Face it Together
Pregnancy & Women	<ul style="list-style-type: none">-Opioids & Pregnancy-Women & HIV-Depression in Women: 5 Things You Should Know-Perinatal Depression
Older Adults	<ul style="list-style-type: none">-Older Adults and Alcohol: How You Can Help-What Older Adults Need to Know About HIV & STDs-Older Adults and Depression: Learn the Signs and Find Treatment
Health	<ul style="list-style-type: none">- Depression- Bipolar Disorder in Children and Teens- Chronic Illness and Mental Health: Recognizing and Treating Depression- Should You Talk to Someone About a Drug, Alcohol or Mental Health Problem- Obsessive-Compulsive Disorder: When Unwanted Thoughts or Repetitive Behaviors Take Over
Campaign	<ul style="list-style-type: none">- Identify the Warning Signs of Meth Use Wallet Card- Small magnet with call / text line-Large magnet with call / text line
Mental Health	
Everyone. Anyone.	
Meth	